Poems, Prayers and Promises Poems to God

Contributed by Sr. Jo Ann Poplar

God I give you thanks wherever I go You know my emotions high or low You never forsake me -- with me You will always be So God I give thanks to you For your promises are true

Lord my beloved
My Love
You descend upon my heart
Like a Dove
Filling me with your love

Show me Lord I pray
To notice the gift given me this day
And with a grateful heart
Each day with you I will start

How do you best communicate with God?



Is it through journaling, meditating or music?

Take time to see God each day and express your love.

Praying with God

Prayer is a personal intimate conversation with our God.

Prayer is words of love spoken from one's heart.

Dear God
I ask that you give me the strength to face the day
Bless those that help and love me and
Lord I ask that you
Help me to forgive those that hurt me
And I graciously thank you for all you
Have blessed me with in life.
I know all that through you all things are possible.
In Jesus name I pray, Amen.



God speaks to us

Be at peace... Put aside all anxious thoughts And imaginations, and say continually: "The Lord is my Strength and my Shield. My heart has trusted in Him and I am helped. He is not only with me but in me, and I in Him."

Give me Lord......

Give to my eyes light to see those in need

Give to my heart compassion and understanding

Give to my mind knowledge and wisdom

Give to my hands skills and tenderness

Give to me ears the ability to listen

Give to me Lord strength to serve you and

Enable me to bring joy to the lives of those I serve. Amen.

Promises from God

God truly reassures us that He is with us always.

The sacred scriptures is God's book of love and are full of His promises to us.

Here are just a few versus to meditate on and to see which one speaks to you.

What touches your heart?

Which of Gods sacred scriptures do you find comfort in reading?

"I write these things to you who believe in the name of the Son of God, so that you may know that you have eternal life" 1 John 5:13

"It is the Lord who goes before you. He will be with you; He will not fail you or forsake you. Do not fear or be dismayed" Deuteronomy 31:8

"And teaching them to obey everything that I have commanded you, And remember, I am always with you, to the end of the age" Matthew 3:20

So remember, whatever time of day it is, don't forget to have TEA or COFFEE with God.

T he

E xcellent A lmighty C hrist

O ffers

Forgiveness

F or

E veryone

E very Time

And don't forget to F.R.O.G. Forever Rely On God



