Dear Sisters and Associates,

Peace and All Good!

The Chapter Planning Committee (CPC) has heard a deep desire from many of you to address the issues of pain, grief, fear, anger and loss that have affected each one of us, both individually and as a community before our October Chapter Gathering.

Jane, Joyce and Linda from the CPC agreed to invite several members of our community who are professional counselors and hospice workers to work with us in imagining ways for us individually and as a community to begin a focused journey of healing and reconciliation. We are fortunate and blessed that Sisters Carol Ann Killoran, Jo Ann Poplar, Lorraine Durkalski and Susanne Skorich expressed their willingness to assist us.

As we reflected on the many community rituals that have been created and celebrated, we agreed that another ritual might not address the unique needs that each of us walks with in these times. We believe we are now being called to more personal work with healing reflections and practices to address our expressed needs for reconciliation and healing. Knowing the healing process is not a one-time event, we are inviting each of us to a personal and on-going commitment to self-care and to nourishing our relationships…with our God, with ourselves and others. The good news is we believe we are not on this journey alone…we are “companions” reaching out to one another.

For the next 12 weeks, we will offer weekly suggestions and resources through a special Tuesday Communique to assist in this healing journey. We invite you to accept this invitation to personally commit to this journey. Additionally, you might consider personal sharings with someone of your choice. We are grateful that Carol Ann, Jo Ann, Lorraine and Susanne also welcome your personal contact.

Yes…we are on a healing journey together. Let us open our eyes, widen our hearts and take the next steps in this ongoing process of healing.

Your sisters…..Carol Ann, Jane, Jo Ann, Joyce S, Linda, Lorraine and Susanne