Sage-ing Age-ing Newsletter

Issue 2

Happiness Is Possible Now

Accept that you are beautiful and gifted. Living as an example is the greatest way to teach, and the most important thing to teach is Love.

You were born to be a living example of God. You were not born to just survive each weekday and gain temporary pleasures on the weekend. Life is not a mystery to be solved but a celebration to be lived. People are not puzzles to analyze but miracles to be enjoyed.

Your hands and feet are extensions of Creation. In who you choose to BE, you make the invisible, visible. You are important to the whole. Just as one cell of your body can replicate a whole you, you are a representation of Universal One.

You lack nothing. You are not just a piece or part of God. God is everywhere in It's fullness and not in just one place. No one person or organization has the 'in' on God or 'owns' God. Every person on the planet has a responsibility to realize and actualize their divinity

and gifts. It is not arrogant to accept your divinity but humble. You are lovable, loved and enough right now. Any stories to the contrary have been made up by your mid or ego. Isn't it time to let them go?

All of life seeks to show you your divinity.

Life is not about a goal, outcome, or solving problems. It is who you are becoming. It is not what you get out of life. It is whether you have chosen to benefit from your experiences and become a better version of you. When you approach death what will you be most proud of? It will be who you have chosen to be in your life.

You only get what energetically matches you. Express love and compassion and life will match what you give out. This is divine law.

Knowing life always reflects your inner environment, accepting your innate greatness and knowing the precious child of creation you are, becomes a (Happiness continued)

logical choice. Align with your spiritual inheritance through inner acknowledgment.

In your willingness to grow, heal, and do your inner work, you are continually becoming the next version of your True Self. You are already whole and complete, AND you are waking up to the Truth. This paradox makes greater sense as you come into spiritual maturity. From your inner evolution of realizing your True Identity as Love, Wisdom, and Magnificence, you experience your life differently. If your life has not changed it is because you have not changed your self-perception.

How you feel about yourself is how you experience your environment. You could be in heaven and experience hell. Happiness is not something you get but something you realize within. Accept you are worthy and more than enough, right now.

You can only give to others what you have within. Give to another something you want. For instance, if you want recognition...recognize someone. If you want compassion, then offer compassion. Do so without attachment to the outcome!





One-Minute Peace Prayer

As fear and anxiety settles over the people of the U.S. a growing band of people from many countries are becoming more determined in the desire for peace and freedom on our world, using the weapons of peace — prayer.

It is encouraging to hear of the many prayer initiatives being launched at this time and to know that millions of people around the world are joining in the universal language of prayer. It is capturing people's interest because it is very simple and literally only takes 60 seconds of your time.

This is the One-Minute Peace Prayer Initiative. People are urged to send out their love and healing prayers, not to try and change people's minds, but so that this prayer power may be like a wonderful, uplifting healing balm to inspire, strengthen and heal our world. The energy we radiate through our prayers, known as prayer energy, spiritual energy or love energy, acts to bring harmony where there is fear, unrest and violence. To participate in this prayer initiative, you are asked each day for one-minute with other caring, compassionate humans throughout our world.

As one person you are strong, filled with the Love of the Supreme Creator, God, Jehovah, Allah, Brahma or the Absolute. As one person you really can make a positive difference. However when we join together with other like-minded people around the world from every race and creed, in the common and noble language of prayers for peace, the spiritual power and love we wield together is immense.

We should never underestimate the power of our prayers. It is this irresistible force of love that will light a light upon our world that nothing can extinguish. It is this power that can move mountains, stop wars, heal the sick and bring light into the darkest corners of our planet and into the hearts and lives of all humanity.

When you say your prayer for peace, raise your hands up, allowing spiritual power and light to flow out to the world through you from your heart center and center in the palms of your hands. Say your prayer with all the love, concentration and heartfelt feeling that you can.

BLESSED ARE THEY WHO WORK FOR PEACE
Mighty Father of all Creation, let your light
flow through this world. NOW let it shine into the
hearts and minds of all NOW
So that we may look within and see the great
and wondrous glory of his Divine heritage.

Think abouts...

Without God our week would be:

Mournday, Tearsday, Wasteday, Thirstday, Fightday, Shatterday. A week without God makes one weak!

COMFORT ZONE

I used to have a comfort zone where I knew I wouldn't fail. I longed so much to do the things I'd never done before, but stayed inside my comfort zone and paced the same old floor.

I said it didn't matter that I wasn't doing much. I said I didn't care for things like commission checks and such. I claimed to be so busy with the things inside my zone. But deep inside I longed for something special of my own.

I couldn't let my life go by just watching others win. I held my breath; I stepped outside and let the change begin. I took a step and with new strength I'd never felt before, I kissed my comfort zone good-bye and closed and locked the door.

If you're in comfort zone, afraid to venture out, remember that all winners were at one time filled with doubt. A step or two and words of praise can make your dreams come true. Reach for your future with a smile; Success is there for you.

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